



# Acute and Chronic Medicine Exclusions



## Writing a script for acute medicines for a Rand Mutual (RMA) patient?

Please take note that the below list of exclusions, which were previously just applicable to chronic medicines has now been extended to include acute medicines. Please thus bear the below categories in mind when prescribing either acute or chronic medicines in order to avoid any unnecessary rejections.

Should you as the treating doctor believe that medicines within any of the below excluded categories are clinically necessary for a specific injury on duty condition that is covered by RMA, then a motivation is required which will be assessed on an individual basis.

### Category of acute and chronic medicines excluded by RMA

Contraceptive preparations and devices
Preparations used specifically to treat and/or prevent obesity
Diagnostic and monitoring agents and appliances
Medicines used specifically to promote fertility
Medicines used specifically to treat alcoholism
Oxygen and the purchase or hire of oxygen delivery systems
Aphrodisiacs
Preparations to treat smoking
Disease management monitoring agents
Namibian products
Allergens
Topical acne preparations
Essential fatty acid preparations and combinations
Voluntarily withdrawn products
Medicines used specifically to treat acquired immune deficiency syndrome
Section 21 products
Anabolic steroids
Over-the-counter reading glasses
Contact lens preparations
Hospital non-recoverables
Anti-malarials for prophylactic use
Mediclinic non-recoverables
Netcare non-recoverables
Life non-recoverables
Screening tests
Professional services excluding screening tests
Non-chargeable discontinued products
Geriatric vitamins and vitamin/mineral supplements
Prenatal and infant vitamins and vitamin/mineral supplements



### How to submit a motivation to RMA



1. Complete the Pre-authorisation and Re-opening of a Claim form found online at: <http://bit.ly/2pTTtsw>
2. Upload the document on the MSP Portal or email to [medicalhelpdesk@randmutual.co.za](mailto:medicalhelpdesk@randmutual.co.za).

